## **Supplement Facts**

Serving Size 2 Capsules Servings Per Container 30

Amount Per	Amount Per Serving	
Adaptogenic Herbal Blend	550 mg	+
Rhodiola Rosea Extract, Ashwaga (Withania somnifera root and leaf)	andha Extract	
Svetol <sup>®</sup> Green Coffee Extract	400 mg	+
Digestive Support Blend	45 mg	+
Bacillus subtilis, Prebiotic Blend (N Myoviridae LH01, Myoviridae LL12		LL5)
Daily Value not established.		

## AdaptGen

**Ingredients:** Adaptogenic Herbal Blend (*Rhodiola Rosea* Extract, *Ashwagandha* Extract [*Withania somnifera* root and leaf]) Svetol® Green Coffee Extract, Digestive Support Blend (Bacillus subtilis, Prebiotic Blend [Myoviridae T4, Myroviridae LH01, Myroviridae LL12, Siphovirdiae LL5]), Rice Bran, Cellulose (capsule), Montmorillonite Clay, Medium Chain Triglycerides.

Contains fermented soy.

**Suggested Use:** Adults take one capsule 20-30 minutes before your two biggest meals. Use as a part of a diet and livestyle program that includes exercise. Not intended for children, pregnant or nursing women.

**Advanced Use:** Adults may consume up to 4 capsules per day, two each before your two biggest meals.