GreenFed™ Havarti Reserve Cheese Ingredients:

Cultured raw whole milk (aged at least 60 days), sea salt, probiotic cultures, *Bacillus coagulans GBI-30 6086*, enzymes.

Keep refrigerated.

Nutrition	Amount Per Serving	% Daily Value ¹	Amount Per Serving	% Daily Value ¹	
Facts	Total Fat 7 g 11%		Total Carbs <1 g	1%	
Serving Size 1 oz (28g) Servings Per Container 16 Calories 100 Calories from Fat 66	Saturated Fat 5 g	25%	Dietary Fiber 0 g	0%	
	Trans Fat 0 g		Sugars 0 g		
	Cholesterol 27 g	10%	Protein 6 g		
	Sodium 212 mg	9%	Vitamin A 7%	Vitamin C 0%	
			Calcium 20%	Iron 4%	

diet. Your daily values may be higher or lower depending on your calorie needs:							
	Calories	2,000	2,500				
otal Fat	Less than	65g	80g				
Sat Fat	Less than	20g	25g				
holesterol	Less than	300mg	300mg				
odium	Less than	2,400mg	2,400mg				
ntal Carboby	rdrata	300a	375a				

30a

Dietary Fiber

Percent Daily Values are based on a 2 000 calorie

GreenFed™ Cheddar Reserve Cheese Ingredients:

Cultured raw whole milk (aged at least 60 days), sea salt, probiotic cultures, *Bacillus coagulans GBI-30 6086*, enzymes.

Keep refrigerated.

Nutrition	Amount Per Serving	% Daily Value ¹	Amount Per Serving	% Daily Value ¹	¹ Percent Daily Values are based on a 2,000 calorie			
Facts	Total Fat 8 g	12%	12% Total Carbs <1 g		diet. Your daily values may be higher or lower depending on your calorie needs:			
Serving Size 1 oz (28g) Servings Per Container 16 Calories 110 Calories from Fat 70	Saturated Fat 6 g	30%	Dietary Fiber 0 g	0%		Calories	2,000	2,500
	Trans Fat 0 g		Sugars 0 g		Total Fat Sat Fat	Less than Less than	65g 20g	80g 25a
	Cholesterol 30 g	10%	Protein 7 g		Cholesterol	Less than	300mg	300mg
	Sodium 162 mg	7%	Vitamin A 8% • Calcium 23% •	Vitamin C 0% Iron 0%	Sodium Total Carbohy Dietary Fibe		2,400mg 300g 25g	2,400mg 375g 30g