

Nutrition Facts

Serving Size 8 oz (240mL)

Servings Per Container 2

Amount Per Serving

Calories 180 Calories from Fat 40

% Daily Value*

Total Fat 10g 7%

Saturated Fat 6g 14%

Trans Fat 0g

Cholesterol 36mg 7%

Sodium 77mg 3%

Total Carbohydrates 25g 8%

Dietary Fiber 0g 0%

Sugars 23g

Protein 8g 16%

Vitamin A 10% • Vitamin C 4%

Calcium 25% • Iron 1%

* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:

		Calories: 2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carb		300g	375g
Dietary Fiber		25g	30g

Amasai™ Raspberry

Ingredients:

Pasteurized cultured organic whole milk, organic cane sugar, organic raspberries (juice and pureé), organic vanilla, probiotic cultures. Made with Grade A milk. No thickeners or stabilizers. No artificial colors or flavors. Natural separation may occur, shake vigorously.