

## Nutrition Facts

Serving Size 8 oz (240mL)

Servings Per Container 2

### Amount Per Serving

**Calories** 160      Calories from Fat 90

% Daily Value\*

**Total Fat** 10g      6%

Saturated Fat 6g      13%

*Trans* Fat 0g

**Cholesterol** 36mg      6%

**Sodium** 77mg      3%

**Total Carbohydrates** 23g      8%

Dietary Fiber 0g      0%

Sugars 21g

**Protein** 7g      14%

Vitamin A 10% • Vitamin C 4%

Calcium 23% • Iron 1%

\* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:

Calories: 2,000    2,500

Total Fat    Less than 65g    80g

Sat Fat    Less than 20g    25g

Cholesterol    Less than 300mg    300mg

Sodium    Less than 2,400mg    2,400mg

Total Carb    300g    375g

Dietary Fiber    25g    30g

## Amasai™ Milk & Honey

### Ingredients:

Pasteurized cultured organic whole milk, organic honey, organic cane sugar, organic vanilla, probiotic cultures. Made with Grade A milk. No thickeners or stabilizers. No artificial colors or flavors. Natural separation may occur, shake vigorously.